

# Cancer Control in Primary Care Course (CCPC)



**09|10 February**  
**Royal Olympic 2024**  
**Hotel**

## Scientific Program



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## WELCOME LETTER

Dear Colleagues and Participants,

We are delighted to extend a warm welcome to all primary care physicians, oncologists, and other healthcare professionals joining us for the Cancer Control in Primary Care Seminar. This event, organized by the Hellenic Society of Medical Oncology (HeSMO) in collaboration with the American Society of Clinical Oncology (ASCO) International, aims to enhance your knowledge and skills in cancer management, thereby contributing to improved cancer care in Greece.

In countries like Greece, where cancer is a significant health concern and public health problem, a coordinated and multidisciplinary approach is essential. While oncologists play a key role in diagnosis and treatment, primary care physicians are also crucial in cancer control and health promotion. This seminar has been tailored to your needs, offering insights and practical tools to empower your clinical practice.

Key benefits of the seminar include:

1. **Improved Cancer Awareness:** We will focus on raising awareness about various cancers, their risk factors, and preventive and health promotions measures. As primary care physicians often serve as the first point of contact for patients, this knowledge is critical for promoting preventive policies and identifying high-risk individuals, ultimately aiding in reducing cancer incidence rates.
2. **Early Detection and Diagnosis:** The seminar will emphasize the importance of early cancer detection, educating you about warning signs and symptoms. This knowledge will better equip you to identify potential cancer cases during daily consultations and ensure timely access to specialized care through appropriate referrals.
3. **Collaboration and Networking:** The seminar provides a platform for healthcare professionals to communicate, exchange knowledge, and build professional networks. Collaboration between specialists and primary care providers is vital for effective cancer control and care.
4. **Comprehensive Cancer Assessment and Management:** We will equip you with tools and knowledge for thorough cancer assessments, including history-taking, physical examination, investigations, staging, treatment modalities, and management of side effects. This training will enable you to participate actively in the shared care of cancer patients.
5. **Enhancing Treatment Coordination and Patient Support:** The seminar will update you on the latest advancements in cancer treatment and patient communication. You will gain skills to guide patients through the treatment process, manage side effects, and provide holistic support, enhancing the well-being of cancer patients and their families.



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Participating in this seminar will provide you with valuable skills and knowledge to enhance your cancer control efforts in daily practice. We believe this comprehensive training will empower you to play a significant role in the early detection, diagnosis, treatment, and long-term care of cancer patients, improving outcomes and the overall quality of cancer care in Greece.

Thank you for your commitment to advancing cancer care. We look forward to a fruitful and collaborative seminar.

Warm regards,

On behalf of the Organizing Committee  
*Dr. Zenia Saridaki, President of the BoD of HeSMO*

On behalf of the Scientific Committee, the Seminar Chairs  
*Dr. Ioannis Boukovinas, Prof. Christos Lionis, Dr. Nikolaos Tsoukalas*

## COMMITTEES

### Organizing Committee

**President:** Z. Saridaki

**Vice-President:** M. Nikolaou

**General Secretary:** N. Tsoukalas

**Executive Secretary:** A. Christopoulou

**Treasurer:** A. Boutis

**Members:** M. Lontos, E. Saloustros

### Scientific Committee - Seminar Chairs

**Presidents:** I. Boukovinas, Ch. Lionis, N. Tsoukalas



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## SCIENTIFIC PROGRAM

**Friday February 9<sup>th</sup> 2024**

<b>08:45-09:15</b>	<b>Registration</b>	
<b>09:15-09:30</b>	<b>Welcome</b>	
	<b>I. Boukovinas, Ch. Lionis, N. Tsoukalas</b>	
<b>09:30-10:30</b>	<b>Preface</b>	
<b>09:30-10:00</b>	Cancer overview	<b>I. Boukovinas</b>
<b>10:00-10:15</b>	Cancer statistics, GCP (the Cretan Cancer Registry)	<b>Ch. Lionis</b>
<b>10:15-10:30</b>	From raw data to clinical practice: the patient's journey	<b>I. Tsiligianni</b>
<b>10:30-11:00</b>	<b>Coffee Break</b>	
<b>11:00-13:00</b>	<b>Cancer Control in the Community</b>	
<b>11:00-11:30</b>	Role of the primary care physician in cancer control efforts	<b>L. Makaroff</b>
<b>11:30-12:00</b>	Barriers and challenges in the implementation of cancer control plans in primary care	<b>D. Kounalakis</b>
<b>12:00-13:00</b>	Round table: Open discussion with primary care physicians of Greece Coordinators: <b>Ch. Lionis, N. Tsoukalas</b>  Panel: <b>D. Karanasios, D. Kounalakis, E. Skliros</b>	
<b>13:00-14:00</b>	<b>Lunch</b>	
<b>14:00-16:30</b>	<b>Cancer Prevention and Health Promotion</b>	
<b>14:00-14:30</b>	Behavior-based determinants/risk factors (tobacco, diet, exercise, alcohol) and cancer in detail	<b>Ch. Lionis</b>
<b>14:30-15:00</b>	How to communicate about behavior change and cancer prevention with your "patient"	<b>S. Papadakis</b>
<b>15:00-15:30</b>	Environmental risk factors	<b>P. Koutrakis</b>
<b>15:30-16:30</b>	Roleplaying: Cancer prevention (tobacco/ smoking cessation, obesity and alcohol abuse) Coordinators: <b>L. Makaroff, S. Droufakou</b>	





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## Friday February 9<sup>th</sup> 2024

**16:30-17:00** Coffee Break

**17:00-18:00** Cancer Prevention Measures

**17:00-17:30** Infection-related cancers

**Th. Agorastos**

**17:30-18:00** HPV and hepatitis vaccines

**L. Makaroff**

**18:00-19:00** Cancer Genetics and Family History

**18:00-18:30** Role of genetics in cancer

**F. Fostira**

**18:30-19:00** Helping patients with their family history understand their own risk. When to refer for genetic counseling

**G. Lypas**

**19:00** Discussion and wrap up of Day 1



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## Saturday February 10<sup>th</sup> 2024

<b>09:00-10:00</b>	<b>Cancer Early Warning Signs</b>	
<b>09:00-09:30</b>	Symptoms and signs associated with cancer	<b>L. Makaroff</b>
<b>09:30-10:00</b>	Approaches to early detection, including screening	<b>M. Liontos</b>
<b>10:00-10:30</b>	<b>Coffee Break</b>	
<b>10:30-13:00</b>	<b>Cancer Early Detection (case based interactive presentations)</b>	
<b>10:30-11:00</b>	Lung	<b>S. Agelaki</b>
<b>11:00-11:30</b>	Breast	<b>D. Tryfonopoulos</b>
<b>11:30-12:00</b>	Cervical	<b>A. Christopoulou</b>
<b>12:00-12:30</b>	Colorectal	<b>G. Rigakos</b>
<b>12:30-13:00</b>	Prostate	<b>R. Zakopoulou</b>
<b>13:00-14:00</b>	<b>Lunch</b>	
<b>14:00-16:30</b>	<b>You suspect your patient has cancer: what is next</b>	
<b>14:00-14:30</b>	The cancer journey	<b>I. Souglakos</b>
<b>14:30-15:00</b>	What to do when a patient has a poor prognosis	<b>M. Avgoustidou</b>
<b>15:00-15:30</b>	Overview of cancer treatments and toxicities; what to expect	<b>N. Tsoukalas</b>
<b>15:30-16:00</b>	Referral networks in Greece	<b>I. Boukovinas</b>
<b>16:00-16:30</b>	Cancer continuum	<b>G. Kapetanakis</b>
<b>16:30-17:00</b>	<b>Coffee Break</b>	
<b>17:00-17:30</b>	After treatment: survivorship and the primary care physician	<b>S. Droufakou</b>
<b>17:30-18:00</b>	Supportive care and palliation cases	<b>M. Paraskeva</b>



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<b>18:00-19:00 The Healthcare System and Cancer Prevention Policy</b>		
<b>18:00-18:30</b>	National cancer control plan	<b>D. Papamichael</b>
<b>18:30-19:00</b>	Integrated Healthcare System: a current challenge	<b>E. Symvoulakis</b>
<b>19:00-19:30 Discussion and Seminar wrap up</b>		
<b>19:30-20:00</b>	HeSMO's Unified Initiatives Across Greece: Empowering the District	<b>Z. Saridaki</b>
<b>20:00 Closing Ceremony</b>		

*This program has the American Society of Clinical Oncology's approval for quality of educational content. ASCO endorsement does not constitute medical advice. Health care providers should exercise their own independent medical judgment.*



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## FACULTY

<b>Agelaki Sofia</b>	Professor of Medical Oncology, University General Hospital of Iraklion, Laboratory of Translational Oncology, University of Crete, Greece
<b>Agorastos Theodoros</b>	Prof. Emer. in Obstetrics and Gynecology, Aristotle University Thessaloniki, Greece, President of the Hellenic HPV Society
<b>Avgoustidou Maria</b>	MD, FÄ, Medical Oncology, Palliative Medicine, Athens Medical Center
<b>Boukovinas Ioannis</b>	MD, PhD, PharmaD, Head of Oncology Department, Bioclinic Thessaloniki
<b>Christopoulou Athina</b>	MSc, PhD, Medical oncologist, Director in the oncology unit, General hospital of Patras St Andrews
<b>Droufakou Stavroula</b>	MD, Consultant Medical Oncologist, Iaso General Clinic
<b>Fostira Florentia</b>	PhD, Clinical Laboratory Geneticist, ErCLG and Genetic Counsellor, MSc, Faculty Researcher, Human Molecular Genetics Laboratory, NCSR 'Demokritos'
<b>Kapetanakis Georgios</b>	President of the Hellenic Cancer Federation - Ellok
<b>Karanasios Dimitrios</b>	General Practitioner/Family Doctor, President of Hippocrates, Association of GP/FM of Greece
<b>Kounalakis Dimitrios</b>	MD, MSc, PhD, General Practitioner/ Family Physician, Board Member of Heraklion Medical Association, Vice President Hellenic Academy of Family Medicine/General Practice & PHC, Treasurer Primary Care Diabetes Network, Greece
<b>Koutrakis Petros</b>	Professor of Environmental Sciences, Department of Environmental Health, Harvard University
<b>Lionis Christos</b>	MD PhD FRCGP(Hon) FESC FWONCA, Professor Emeritus of General Practice and Primary Health Care, School of Medicine, University of Crete, Greece - EMA SAG Vaccines (Member) - WONCA Working Party on Mental Health (Chair)
<b>Liontos Michael</b>	Medical Oncologist, Assistant Professor at Department of Clinical Therapeutics, Alexandra General Hospital, National and Kapodistrian University of Athens





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<b>Lypas Georgios</b>	MD, Medical Oncologist, Director of Medical Oncology/Genetic Oncology Department, Hygeia Hospital
<b>Makaroff Laura</b>	Senior Vice President, Cancer Prevention; American Cancer Society, Inc., Atlanta, USA
<b>Papadakis Sophia</b>	PhD, MHA, Senior Research Associate, School of Medicine, University of Crete, Adjunct Professor, Division of Cardiology, Faculty of Medicine, University of Ottawa
<b>Papamichael Dimitrios</b>	MB BS MD FRCP, Associate Professor and Director, Department of Medical Oncology, Bank of Cyprus Oncology Centre
<b>Paraskeva Maria</b>	Medical Oncologist, Oncology Department, General Hospital of Rhodes, Greece
<b>Rigakos Georgios</b>	MD, MSc, Medical Oncologist, 3 <sup>rd</sup> Oncology Department, Hygeia Hospital, Athens, Greece
<b>Saridaki Zenia</b>	MD, PhD, Medical Oncologist, President of the BoD of the Hellenic Society of Medical Oncology (HeSMO), Director at the 1 <sup>st</sup> Oncology Dept. Metropolitan Hospital, Athens, Greece - Scientific Director of the Oncology Department "Asklepios DIAGNOSIS", Heraklion, Crete
<b>Skliros Efsthios</b>	MD, PhD, General Practitioner, Director of Nemea Health Center, President of the Hellenic Society of Primary Care Research and Continuing Education, General Secretary, Hellenic College of General Practice
<b>Souglakos Ioannis</b>	Professor of Medical Oncology, Laboratory of Translational Oncology, Faculty of Medicine, University of Crete, Department of Medical Oncology, University Hospital of Heraklion
<b>Symvoulakis Emmanouil</b>	MD, PhD, Associate Professor of Primary Health Care, School of Medicine, University of Crete, Greece



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<b>Tryfonopoulos Dimitrios</b>	Medical Oncologist, Director of the 2 <sup>nd</sup> Pathological Oncology Department, «Agios Savvas» Hospital, Athens, Greece
<b>Tsiligianni Ioanna</b>	Associate Professor of General Practice and Public Health, Faculty of Medicine, University of Crete
<b>Tsoukalas Nikolaos</b>	MD, MSc, PhD, Medical Oncologist, MSc Bioinformatics, Director, Oncology Department, 401 General Military Hospital, Consultant, Henry Dunant Hospital Center, Athens Greece
<b>Zakopoulou Roubini</b>	MD, PhD, Medical Oncologist, National and Kapodistrian University of Athens, 2 <sup>nd</sup> Propaedeutic Department of Medicine, ATTIKON University Hospital



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## GENERAL INFORMATION

### Organized by:

- Hellenic Society of Medical Oncology (HeSMO), [www.hesmo.gr](http://www.hesmo.gr)
- American Society of Clinical Oncology (ASCO), [www.asco.org](http://www.asco.org)

### Date:

February 9-10, 2024

### Venue:

Royal Olympic Hotel  
(Panorama Hall)  
28, Athanasiou Diakou str.  
117 43, Athens, Greece  
Tel. +30 210 9288400

### Registrations:

Registration and attendance are allowed only to Health Care Professionals and undergraduate/graduate students. Registrations require presentation/proof of professional capacity or status.

### Registration costs:

- Medical specialists: 100 €
- Residents: free
- Other healthcare scientists: free
- Nurses: free
- Students: free

*The above costs include 24% tax*

### Instructions for attendance:

Participants who wish to attend the Seminar should have completed their registration online via the link:

[https://docs.google.com/forms/d/e/1FAIpQLSeSv5yrzsVOIA-TIBhtU3anD0znG-Dr29K9LLJ-HIY\\_JZQxwCQ/viewform](https://docs.google.com/forms/d/e/1FAIpQLSeSv5yrzsVOIA-TIBhtU3anD0znG-Dr29K9LLJ-HIY_JZQxwCQ/viewform)



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KNOWLEDGE CONQUERS CANCER

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## Continuing Medical Education credits:

According to EACCME-UEMS criteria, Continuing Medical Education credits will be awarded.

## Certificate of attendance:

The certificate of attendance will be sent at the conclusion of the event to those delegates who have completed their registration. A necessary condition for receiving the attendance certificate is the completion of at least 60% of the total hours of the scientific program.

**Disclaimer: The event will be photographed, videotaped and broadcasted live.**

## Secretariat:



Events & Travel Solutions

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## NOTES



**Cancer Control**  
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Secretariat:  Events & Travel Solutions

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